
Club Volleyball

Club volleyball is the best way to involve your child with quality training that focuses on individual needs. If you are new to club volleyball feel free to contact us!

Key benefits to MVA

- Multiple seasons which allow for all athletes to participate in their High School sport of choice but still improve in volleyball
- Winter season begins in October/November with full practice schedule beginning in December. Spring begins in March and ends beginning to middle of June
- Four levels of commitment and training to meet each players skill level and financial needs
- Training is focused on the individual first and team second to ensure every player improves her skill level
- MVA rents the MVP Fieldhouse facility for the entire season. This allows your athletes to work with and be surrounded by many coaches at one location for all of your practices

Michigan Volleyball Academy

5449 28th Street Court SE

Grand Rapids, MI 49546

www.michigansportsacademies.com/volleyball

Phone: 616-608-5905

E-mail: mvlietstra@michiganvolleyballacademy.com

Our Mission

To teach, train, and encourage young women to excel in the sport of volleyball, while creating a positive, cooperative spirit between the players, coaches, parents, and club.

Our Vision

- To provide quality training for all levels of volleyball players, from a beginning level up to national competition
- To teach sound, technical volleyball skills and game strategy
- To provide opportunities to play competitive volleyball at various levels of time and financial commitment
- To offer positive, passionate coaches to help grow young women as athletes in the sport of volleyball
- To live and teach the fundamental concepts of teamwork, sportsmanship, respect, and accountability
- To be a responsive, open, communicative, and well organized volleyball club
- To offer a high value return in relationship to cost
- To be connected with college volleyball coaches for the recruiting of players and scholarship opportunities



Michigan Volleyball Academy

Premier Volleyball Training and Competition

MVA

Michigan Volleyball Academy was initially founded in July of 2007. Our simple mission was to provide fundamental volleyball skill development during a 3 month Spring Season (Mar – Jun). It quickly grew to a successful year round program offering club training, competitive play, and summer camps to a growing group of players and coaches. While our mission continues to evolve, we still hold true to our fundamental approach to development and competition. *Are you ready to join our team?*

MVA Developmental

10-12 Age Group

Our developmental program is skill-based training with some scrimmage play. Perfect for young athletes with a desire to improve their volleyball skills.

- 1.5 hour practices, 2 days week
- No weekend commitments
- In house competitive play
- Option to join the sports performance program to increase your foot speed and vertical

MVA Competitive

12-18 Age Group

Previously titled our Club Program the competitive level offers athletes an opportunity to be more involved in competition with local based tournaments/leagues. Perfect for spring sport athletes

- 2 hour practices, 2 days a week
- One and two day tournaments in the local area against a variety of other teams
- Equipment package required
- 1 hour sports performance per week for ages 13 and up
- Consistent play time for all players on teams
- Teams are season based and change from winter to spring based on ability levels

MVA Elite

14-18 Age Group

The elite level offers a more intense travel and practice schedule. These teams travel throughout the Midwest and to the national tournament located in Orlando, Florida.

- 2.5 to 1.5 hours, 3 days a week
- 1-3 day tournaments with travel in the Midwest with the potential to attend nationals in Florida
- Equipment packages required
- 1 hour sports performance per week with the ability to do 2 sessions per week early in the season
- Play time is earned and rewarded based on several factors
- Teams are season based and potentially change from winter to spring based on ability levels

MVA National

16-18 Age Group

Our inaugural year of this level brings the players commitment level to the highest of all of our programs. Not recommended for spring sport athletes.

- 2.5 to 1.5 hours, 3 days a week
- 2-3 day tournaments with travel in the Midwest with the potential to attend nationals in Florida
- Equipment packages required
- 1 hour sports performance per week with the ability to do 2 sessions per week early in the season
- Play time is earned and rewarded based on several factors
- These teams will play a highly competitive schedule with travel required for many of the tournaments

ARE YOU READY TO JOIN OUR TEAM?

REGISTER ONLINE AT

WWW.MICHIGANSPORTSACADEMIES.COM/VOLLEYBALL



Photo Courtesy of www.bobcampbellphoto.com