

# Rise Academy 21's and 22's Season Information

12u is for athletes currently in 5th or 6th grade

# **Tryout Information**: Sunday October 5<sup>th,</sup> 10:00am-12:30pm @ MSA Fieldhouse (5435

#### 28th Street Court SE, Grand Rapids)

- Program/Team Announcements: Athletes will find out if they made a Rise Academy team within 48
  hours of tryout completion
- Team Practices Begin: Monday, December 1st

# Practice/Trainings: Rise Academy athletes will practice 3 days/week.

- Team practices will be Tuesdays and Thursdays from 6:00pm-8:00pm
- 21s and 22s individual skills training will be on Mondays, from 5:00pm-7:00pm. These exact dates and times will be communicated before the season begins.
- Speed/Plyo sessions will be incorporated into the practice time slot each week. Players will have an ETS membership to train individually on their own.
- 21s and 22s will have team practices once a week in October and November on Wednesdays

### **Tentative Schedule:**

#### \*\*\*Dates and tournaments can change! \*\*\*

#### Rise Academy 21's and 22's Schedule:

Date	Event	Location
December 6-7	Camp Henry	Newaygo, MI
January 17	Power League	Grand Rapids, MI
January 24	Power League	Grand Rapids, MI
January 31	Power League	Grand Rapids, MI
February 14-16	MKE President's Day	Milwaukee, WI
February 21	Power League	Grand Rapids, MI
February 28 & Mar 1	Winter Bash	Grand Rapids, MI
March 21 & 22	Freedom Classic	Brighton, MI
April 25 & 26	Volleyfest	Grand Rapids, MI
May 16 & 17	Spring Fling	Grand Rapids, MI

May 30 & 31	MJVBA	Grand Rapids, MI
*June 5-7	*USAV Patriot Nationals	*Columbus, OH

<sup>\*</sup>Once the team is formed, the team will vote on Nationals and if they will attend.\*

## **Tuition and Payment Information:**

Rise Academy 21's: \$2498 Tuition

Rise Academy 22's: \$2498 Tuition

- All Rise Academy 12u Tuitions include
  - Gear Package: 2 Jerseys, Warm-Up shirts, Hooded Sweatshirt, Kneepads, 2 pairs spandex, and more
  - Tournament Registration & Practice Court Fees
  - o Full-Season Coach Pay & Travel
  - \*NEW\* Speed/Plyometric workout plus ETS membership during the season
  - BallTime Volleyball Video and Analytics
- A \$400 deposit is due online 24 hours following your team invitation in order to confirm your place on a team. The remaining balance may be paid in full, or we offer automatic monthly payment plans for no extra cost.
- We offer tuition assistance through Chance Sports (chancesports.org).
- We offer quarterly fundraisers (Cookie Dough, Spring Bulbs, etc.) to assist with tuition costs.

<sup>\*\*</sup>If the team decides to not attend, this tournament will be eliminated from schedule. \*\*